



COMMONWEALTH

EXTERMINATING COMPANY, INC.

Travel Tips Avoiding Bed Bugs

Bed Bugs are hitchhikers only transferring to your home through your travels. Here are a few quick tips to avoid bringing these unwanted human blood suckers as house guests.

- Use luggage that is easily washable. Tote bags, shoulder bags etc. After a trip, wash these items in very warm water or simply dry them in the dryer on HIGH HEAT.
- Wash all clothing in very HOT water or simply dry items on HIGH HEAT.
- Inspect the living area for any signs of bed bugs. Before you enter the guest bedroom/living area, STOP, and leave luggage in the hallway.
 - Inspect the bedding area
 - Remove all Sheets and look for living signs of bed bugs.
 - Look for dark stains on the mattress cover. It could be almost black in color and almost like mold.
 - Lift up the seems of the mattress for signs of bed bugs
 - Literally lift the mattress to inspect the underside
 - Take down and inspect the wall head board, look in the corners especially. These bed boards are hung like a picture and can be taken on and off easily.
 - Call House Keeping to remake your bed ☺
 - Inspect the living area:
 - Check the chairs/couches.
 - Pull the cushions out and check the bottom. Eggs look like uncooked rice and are the size of a mustard seed
 - Check along the baseboards, electrical outlets and in the closet
 - Check behind pictures, in drawers, and underneath things.
 - General Notes:
 - Keep your luggage elevated
 - Don't forget to wash or dry on HOT WATER/ HIGH HEAT
 - If you find bugs, call the manager and ask to be moved to another room, preferably on another floor and not above or under the room you just inspect, Repeat inspection.

Call the Bed Bugs Specialists, today, if you feel you have Bed Bugs!!!

www.commonwealthext.com

Call 757.873.2030 or email bugs@commonwealthext.com

*We offer a travel size spray bottle specifically for BED BUGS.
Purchase yours today!*